

02 June, 2023

# NEWSLETTER

 Erasmus+

 Co-funded by  
the European Union

## ON THE P@THS OF CULINARY TRADITIONS



**ERASMUS+ Programme**  
2022-2-PL01-KA210-ADU-000091771  
Small-Scale partnerships  
in Adult Education

**Coordinator**

 Stowarzyszenie « Szansa dla Aktywnych » 

**Partners**

 Antalya social development association 

 SkillsLab21 

## PCT PROJECT NEWSLETTER

## ISSUE N.1

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<https://pct-project.eu/>

# A NEW JOURNEY BEGINS: EXPLORING CULINARY HERITAGE AND ENHANCING SKILLS

PCT project partners are excited to announce the launch of the “On the p@ths of culinary traditions” project, funded by the Erasmus+ program. This unique initiative aims to deepen cultural awareness and foster digital, language, and entrepreneurial skills among adult learners across partnering countries.



## ABOUT THE PROJECT: BRIDGING CULTURAL HERITAGE WITH MODERN SKILLS

The “On the p@ths of culinary traditions” project brings participants closer to their cultural roots through traditional foods and culinary exchanges with international partners. Participants will have the opportunity to learn about global culinary traditions, enhancing their cooking skills while breaking down cultural stereotypes and building cross-cultural connections.

One key goal of this project is to improve participants' ICT skills, introducing them to tools like presentation creation, video production, and website development. The project also includes training on the use of technology in everyday life, work, and entrepreneurship, aiming to increase digital literacy among adult learners.

## Project Aims and Expected Outcomes

Participants will not only enhance their digital skills but will also develop as engaged citizens, ready to take an active role in society and the workforce. By fostering entrepreneurial skills, the project supports the growth of local communities and boosts participants' employability.

The project involves a range of local and international activities, including:

Local Meetings with association members and stakeholders for experience-sharing and promoting project outcomes

Workshops and Webinars on ICT skills and culinary topics, engaging participants in practical learning

International Online Seminar to wrap up the project and highlight key insights



# INTERNATIONAL COLLABORATION AND EDUCATIONAL RESOURCES

Three international training sessions (Learning, Teaching, Training Activities) are planned, offering participants a platform to share experiences, knowledge, and skills that will greatly contribute to their personal and professional growth.

To support ongoing learning and public engagement, several educational materials will be developed, including a project website, a YouTube channel, a culinary e-magazine (Cook-e-book) featuring recipes from partner countries, and regular newsletters documenting project progress. Both local and international webinars will also be available.

Stay Connected!

The project's dedicated website and Facebook page are now live! Follow along for updates, events, and resources:

- Website: <https://pct-project.eu/blog/>
- Facebook: [On the Paths of Culinary Traditions](#)



“On the p@ths of culinary traditions” exemplifies the power of blending heritage, technology, and international collaboration to boost skills and strengthen cultural ties across Europe. Join us on this culinary journey!

