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NEWSLETTER



**PCT PROJECT
NEWSLETTER**

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<https://pct-project.eu/>

CULINARY E-BOOK RELEASE - "ON THE P@THS OF CULINARY TRADITIONS"

Project Title: On the p@ths of culinary traditions

Project Acronym: PCT

Project Code: KA210-ADU – Small-Scale Partnerships in Adult Education

Duration: June 1, 2023 – August 31, 2024

Discover Our E-Book of Culinary Heritage

We are thrilled to announce the release of an e-book created as part of the On the p@ths of culinary traditions Erasmus+ project! This e-book showcases recipes from French, Polish, and Turkish culinary traditions, all of which were tried and perfected by participants during our project workshops in Poland and Turkey.

Project Background and Goals

The "On the p@ths of culinary traditions" project was designed to:

Cultivate national and cultural identity, especially around rural heritage,

Promote traditional recipes,

Engage various communities, public institutions, SMEs, and NGOs in preserving regional culinary customs.

This 15-month project has brought together partners to explore and document these rich culinary heritages, with a focus on raising ICT proficiency, promoting sustainable practices, and encouraging intercultural exchange.



ACHIEVEMENTS AND PROJECT IMPACT

Through hands-on workshops and intercultural activities, participants have:

- Increased their knowledge of traditional culinary practices and local culture,
- Improved their digital skills by documenting and sharing recipes online,
- Gained confidence in public engagement, contributing to community events upon returning home.

Additionally, this project has fostered intercultural connections, dispelling cultural stereotypes while celebrating the diverse culinary heritage of Europe.

What's Next?

Each partner organization will use this e-book to hold community events, teaching others about culinary traditions while encouraging sustainable cooking practices. This e-book is just one of the ways we are keeping the spirit of culinary heritage alive and accessible to future generations.

Get Your Copy

The e-book is available for free download on our project website and social media platforms. We invite you to explore the flavors of France, Poland, and Turkey with us!

Follow Us

Stay updated on project activities, events, and more:

- Website: <https://pct-project.eu/blog/>
- Facebook: [On the Paths of Culinary Traditions](#)

Thank you for joining us on this culinary journey across Europe! We hope this e-book will inspire you to explore these flavors in your own kitchen.

